



# **St G & T SVP & School Bethany Foodbank Support Group**



## **CHRISTMAS APPEAL 2021 FOOD BOXES FOR BETHANY**

### **DO YOUR BIT THIS CHRISTMAS - FOOD BOXES FOR BETHANY**

St George & St Teresa SVP & School Foodbank Support Group are launching our 'Count UP to Christmas' appeal 2021 for Bethany Foodbank, and invite all members of our local community to get involved.

Over the next four weeks, we invite you to fill a box with all sorts of Christmas food goodies and treats, and drop it off to St George & St Teresa's Parish Centre on Station Road, Dorridge between 11.30 - 12.30 on any of the SUNDAYS of 21st Nov, 28th Nov, 5th Dec & 13th December.

If you're unable to drop your box off but would still like to get involved, we can arrange to have your box collected (please phone/ text 07758 447355 to arrange this)

Bethany Foodbank is in North East Birmingham, and feeds over 1000 people each month from some of Birmingham's poorest areas. Recipients include refugee families, those with chronic physical or mental health conditions, and those who are able to work, but who have to live off very low incomes.

Suggested examples for filling a box.....

4 Christmas Crackers; 1 Selection Box; Box of Biscuits; Small Box of Chocolates; Box of Mince Pies; Box of Cakes; 2 cans/ Bottle of Fizzy Drink; Bag of Crisps; Small bag of Sugar; Small Box of Teabags; Small Jar of Coffee; Tinned soup; Tinned Beans; Tinned Meat Pie; Tinned Carrots; Tinned Sweetcorn; Tin of Fruit; Carton UHT Milk; Shower Gel; Soap; Toothpaste; Shampoo, Deodorant

.....or whatever you'd like to fill it with (but NO ALCOHOL please!)

Thank you in advance to all our fantastic supporters!

